



State of Maryland

Advisory Council on Mental Hygiene/Planning Council

Martin O'Malley, Governor – Anthony G. Brown, Lt. Governor – Joshua M. Sharfstein, M.D., Secretary, DHMH

MARYLAND ADVISORY COUNCIL ON MENTAL HYGIENE/ PL 102-321 PLANNING COUNCIL

Minutes

September 20, 2011

Maryland Advisory Council Members: M. Sue Diehl, Chair; Mike Finkle, Joshana Goga, Robert M. Pender, Vice-Chair; Charles Reifsnider, John Scharf, Anita Solomon

Maryland Advisory Council Members Absent: Richard Blair, Jaimi L. Brown, Michele Forzley, Edwin C. Oliver, Livia Pazourek, Anthony Swetz, Jr., Robert Turner, Sherrie Wilcox

Individuals highlighted as such are resigned members who have not yet been replaced.

PL 102-321 Council Members Present: Carol Allenza, Sarah Burns, Coordinator; Chicquita Crawford, Herb Cromwell, Lesa Diehl, Kate Farinholt, Vira Froehlinger, A. Scott Gibson, Gerri Gray, Victor Henderson, Patty Huston for Catherine Drake, Steven C. Kinney for Tracee Bryant, George Lipman, Phoenix Liss, Jacqueline Powell, Dan Martin, Sarah Rhine, Kathleen Ward

PL 102-321 Council Members Absent: Lynn Albizo, Terry Bohrer, Peter Cohen, Lee Crump, Diane Herr, Julie Jerscheid, Cindy Kauffman, Michael Lang, Sharon Lipford, Coordinator; William Manahan, Cynthia Petion, Linda Raines, Sheryl Sparer, Jane Walker

MHA Staff Present: Brian Hepburn, Clarissa Netter, Robin Poponne, Iris Reeves, Greta Carter

Guests and Others: Dennis McDowell, Joanne Meekins, Consumer Quality Team of MD; T.E. Arthur, Cultural Competency Advisory Group (CCAG); Naomi Booker, CCAG; Gerald Beemer, Shore Behavior Health; Christin Whitaker, DHMH-MFP (Money Follows the Person); Jackie Pettis, ValueOptions; Eileen Hansen, University of Maryland; Lisa Conto, Meka McNeal, University of Maryland; Bette Stewart, University of Maryland

c/o Mental Hygiene Administration

Spring Grove Hospital Center – 55 Wade Avenue – Dix Building – Catonsville MD 21228 – (410) 402-8473

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Healthy People in Healthy Communities

INTRODUCTIONS/ADOPTION OF MINUTES:

The meeting was called to order by Council Chair, Sue Diehl. Attendees introduced themselves and the minutes of the July 19, 2011 meeting were approved. Please note that approved minutes will be posted on MHA's Web site, www.dhmh.state.md.us/mha. The Maryland Advisory Council on Mental Hygiene's link is listed under "Resources".

ANNOUNCEMENTS:

- All Joint Council Members, please remember that next month, instead of our regular meeting, we will hold a Council retreat at the Hearing and Speech Agency in Baltimore. Please hold the date, October 18, and the time, 9am to 2pm (see Agenda). Directions and further information will be mailed or emailed shortly.
- NAMI Maryland will host its 29th annual education conference on October 14-15 (Friday to Saturday) at the Sheppard Pratt Conference Center in Baltimore. The theme is *Transforming Lives; Transforming Communities* and will feature Joyce Burland, creator of NAMI's Family to Family curriculum and DHMH Secretary Josh Sharfstein among other keynote presenters. For more information call 410-884-8691 or visit www.namimd.org.

THE DIRECTOR'S REPORT:

Brian Hepburn, M.D., Executive Director of MHA, gave the following report:

Updates:

- The Mental Health Transformation Office of Maryland celebrated its accomplishments with a *Transformation Legacy* awards dinner on September 8, 2011. The event recognized the successes of the five-year Mental Health Transformation – States Incentive Grant (MHT-SIG) as it came to a close and celebrating those who participated in its progress.
- Dr. Hepburn reminded the Council of two conferences happening soon: 1) the annual Suicide Prevention Conference on October 5th at Martins West, Baltimore and NAMI-MD Conference on October 14-15 (see above announcement).
- There are several retirements or personnel changes:
 - Arlene Stephenson, who has worked many years with DHMH and is MHA's current Deputy Director for Facilities Management and Administrative Operations, is retiring this month. Mary Sheperd will become Interim Deputy Director.
 - Susan Steinberg, who has held several positions with MHA and DHMH, most recently as Interim Director of Clifton T. Perkins Hospital Center is accepting a position in the Office of the Inspector General in mid-October.
 - Wendy Kronmiller, Chief of Staff for DHMH, has resigned and Patrick Dooley has taken this position.
- In an effort to prepare for possible budget challenges/reductions in FY 2013, MHA is conducting cost containment exercises. In 2012, there are no pending budget issues at this time.

Agency Collaborations:

- MHA and ADAA continue to work together to look at various programs, particularly those regulations that govern mental health and substance abuse services. The overall goal is to streamline departmental regulations while working in concert with national accrediting bodies. There is not yet specific legislation that would actually combine the two administrations.
- MHA and other administrations have been involved in a StateStat project. StateStat is a performance-measurement and data-based management tool implemented by Governor Martin O'Malley to make our state government more accountable and more efficient. Customized data templates are submitted to the StateStat office biweekly by participating agencies. Data is carefully analyzed, performance trends are closely monitored, and strategies to achieve improved performance are developed. Data will be released monthly that will be useful to the managers of various administrations. Through a process of continually evaluating state performance at the highest levels, opportunities to improve coordination and formulate strategies are ongoing - not just during annual budget reviews. Dr. Hepburn says this process of data sharing is more interesting than others in general. Secretary Scharfstein is taking the lead and is enthusiastic about the results it will bring about. Dr. Hepburn suggested that the Council consider inviting Daryl Plevy, MHA Deputy Director for Community Programs and Managed Care, to give a presentation on this subject.
- DHMH's Emergency Preparation Team, in linkage with the Maryland Emergency Management Administration (MEMA) and the Federal Emergency Management Administration (FEMA), was responsive to recent situations of the earthquake, hurricane Irene, and tropical storm Lee. Planning ahead was key to how well things were handled.
- Everyone is urged to get their flu shots as across the state, due to recent events, everyone is facing the possibility of increasing roles in broader public health issues.

New Developments:

- Maryland is seeking a waiver for the Institutions for Mental Diseases (IMD) exclusion rule for private specialty psychiatric hospitals. If granted, Medicaid will reimburse psychiatric services in certain inpatient settings for individuals from ages 22 to 64 for whom current regulations preclude Medicaid payments for the duration of their inpatient stay. If Maryland is approved for this IMD waiver demonstration, Medicaid recipients could be served in facilities such as Brook Lane, Potomac Ridge, and Sheppard Pratt with a federal match to state dollars.
- MHA has received a System of Care Planning grant from SAMHSA focusing on children and adolescents with co-occurring issues. A future presentation to the Council by MHA's Office of Child and Adolescent Services and ADAA could highlight some of the activities in the area of co-occurring issues for this population.

To enhance future Director Report highlights, Dr. Hepburn encourages members to submit questions on topics of interest to Cynthia Petion at cpetion@dhmh.state.md.us.

Council member comments:

Sue Diehl added that many people were especially impressed with the emergency staff at the Ocean City armory that worked with the homeless youth in the area during the storm emergency.

PRESENTATION: Person Centered Planning/Person Centered Care – Eileen Hansen, Bette Stewart, and Meka McNeal, Evidence-Based Practice Center

Person centered planning is designed to enable people to direct their own plan for services and supports and is in concert with MHA's emphasis on a recovery-oriented and person-centered system of care.

The presenters gave examples and sample cases to explain the differences between traditional approaches of treatment planning for consumers and the person centered care (PCC) approach. They discussed the role changes for both consumer and provider and training efforts that have already begun. A national expert provided consultation, technical assistance, and two train-the-trainer sessions to a core group of 10 peer support specialists/peer advocates, Evidence-based Practice Center (EBPC) trainers, and several providers/staff. It is hoped to incorporate person centered planning training as part of training activities among agencies; clinicians, providers and staff who serve individuals across the life span; ACT teams; TBI staff; and advocacy organizations; among others. **(Please see Attachment#2)**

The meeting was adjourned.

The Planning Committee and Executive Committee will meet to prepare for next month's Council Retreat.

Please note, that we will not hold an October meeting (We will hold a Retreat for Joint Council members). The Agenda for the November 15th Council meeting will be posted on the Advisory's Council's web page, under the resources section, on MHA's Web site www.dhmd.state.md.us/mha.